

Contact numbers Please do not phone after 9pm

In case of bad weather, you may wish to phone that day's designated run leader to check if the run is going ahead

Office Bearers

Chairman	John B	☎ 01224 571984
Secretary	Sheila	☎ 01224 639012
Runs Co-ordinator	Maureen	☎ 01224 573417
Social Secretary	Maureen	☎ 01224 573417
Treasurer	Stewart	
Membership Records	John T	☎ 01467 620146

Right to Ride Representatives

Aberdeen City	Dave L	☎ 01224 314127
South Aberdeenshire	Mark	☎ 01330 823418
Central Aberdeenshire	Albert	☎ 01467 651255
North Aberdeenshire	Bill	☎ 01888 562550

Runs Co-ordinators

Try Cycling Rides	Gerard	☎ 01224 734799
Morning Runs	Sandy	☎ 01224 682781
Slower Full Day Runs	Alan	☎ 01224 861209
Medium Full Day Runs	Gordon M	☎ 01224 318507
Faster Full Day Runs	Sheila	☎ 01224 639012

Additional Runs Leaders

Amith	☎ 07748 570868
Cindy	☎ 01224 484891
David B	☎ 01224 876136
Dave L	☎ 01224 314127
Dave W	☎ 01569 730313
Gordon L	☎ 01224 723239
Hamish	☎ 013398 82333
John S	☎ 01224 790269
Jonathan	☎ 01224 744658
Steven	☎ 01224 596090
Wilf	☎ 01224 658274

Discounts are available at the following shops on production of a current CTC membership card:

- Alpine Bikes: 10% on all accessories
- Nevisport 10% on selected goods

Grampian Cyclists' Touring Club

Cycle Runs List

Apr to Jun 2007



Grampian CTC website: www.ctcgrampian.org.uk/

CTC headquarters website: www.ctc.org.uk/



Runs Lists: To obtain the next runs list, email Maureen at m.young@rgu.ac.uk, or phone Sheila on 01224 639012. Runs are also on our website: www.ctcgrampian.org.uk

Newcomers: We welcome newcomers, particularly on the 'Try Cycling' and 'Morning' runs. You do not need to be a member of the CTC to join our runs, but after 4 or 5 runs you would be expected to join the CTC. Ask the run leader for a membership form or join through the CTC website: www.ctc.org.uk/

Runs start promptly at the time stated. Distances are calculated from the meeting place. Bring spare inner tube, puncture repair kit, tools, wet weather gear, some food, drink and LIGHTS where relevant. It is recommended that all cyclists carry a First Aid kit.

Runs Leaders are requested to contact the coffee/lunch stops with rider numbers and expected arrival time, as early as possible.

Try Cycling: Runs aimed at beginners, at a slow pace with frequent stops, about 10-15 miles long. They may include a coffee stop. The start point (Duthie Park, Riverside Drive) has parking for those bringing their bikes to the start by car.

Morning Runs: These runs are at a relatively slow pace and are usually about 25-30 miles long. A coffee or picnic stop will usually be made.

Full Day Runs: These are all-day runs intended for **experienced cyclists**. A coffee stop and lunch/picnic stop will be made. Distances and speeds vary as outlined below:

Slower Full Day Runs: Slowish pace. Distance normally 30-45 miles.

Medium Full Day Runs: Moderate pace. Distance normally 45-60 miles.

Faster Full Day Runs: Fast pace. Distance normally 60-75 miles (* runs are longer).

Pub Runs: Start prompt at the time stated, to reach the pub by 21:00 approximately. LIGHTS! For further information, contact Sheila.

Bike & Hike: These runs are generally from Aberdeen to a beauty spot for a short walk and picnic, before returning.

Social Evenings: Partners & friends welcome. Please arrive at 19:45 for a start at 20:00 and take a bottle and/or some food. Please also give a contribution of £2.00 per head.

Tea & Biscuits: Visits to member's homes. Please give a contribution of £1.00 per head.

Date	Type	Dist	Start time, Route	[Leader]	Start point	Grid ref.
April					Airyhall Library, Springfield Rd.....	NJ 911046
<i>Names to Maureen (01224 573417) by Sunday 8th April if you're coming to the Music Hall on 19th April</i>					Asda, Bridge of Dee.....	NJ 925036
Sun 1 st	Medium Full Day B/C		09:30 Cults Library to Flora's (01330 860848) for coffee, lunch at Inchmarlo Golf Club, Banchory (01330 826426)	[Led by Maureen]	Asda, Dyce	NJ 895127
Sun 1 st	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Gerard]	Asda, Portlethen	NO 915968
Sat 7 th	Faster Full Day	A	09:00 Parkhill Bridge, Dyce coffee at Lochter's, Oldmeldrum (01651 872000), lunch at Sheiling Tor, Fyvie (01651 891279)	[Led by John S]	B&Q, Bridge of Don	NJ 946123
Sun 8 th			<i>Easter Day</i>		Brig o'Balgownie	NJ 943096
Sun 8 th	Slower Full Day	C	09:30 Cults Library visit Dalmaik Church, coffee at Crathes Castle (01330 844525), lunch at Torryburn Hotel, Kintore (01467 632269)	[Led by Gerard]	Castlegate.....	NJ 945063
Sun 8 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Amith]	Cockers Garden Centre, Lang Stracht.....	NJ 890066
Sat 14 th	Medium Full Day B/C		09:30 Kingswells Roundabout to Moar House Furnishers, Kintore (01467 632421) for coffee, Visit "Place of Origin" Cairn at Kemnay Quarries and Aquhorthies Stone Circle lunch at Morrisons, Inverurie	[Led by Gordon M]	Cults Library.....	NJ 892028
Sun 15 th	Morning Run	D	09:30 Duthie Park, Riverside Drive coffee at Asda, Portlethen (01224 782200)	[Led by Jonathan]	Dobbies, Hazlehead.....	NJ 897049
Sun 15 th	Faster Full Day	A	09:00 Old Mill Inn, Maryculter coffee at Kirkton Garden Centre, Stonehaven (01569 764343), lunch at Alastair's cafe, Fettercairn (01561 340610)	[Led by Wilf]	Duthie Park, Polmuir Rd.	NJ 939046
Sun 15 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Dave L]	Duthie Park, Riverside Drive (Start for 'Try Cycling' in car park by the pond).....	NJ 942043
Thu 19 th	Social		19:30 Music Hall. Music of 40s, 50s, 60s. "That's Amore"		Dyce Railway Station	NJ 884128
					Flora's Café, Cullerlie.....	NJ 766029
					Footdee (Round House)	NJ 959058
					Girdleness Lighthouse	NJ 972053
					Hazlehead, Groats Rd	NJ 895055
					Inversneckie Café, Beach Esplanade	NJ 954067
					King's College, High Street	NJ 939083
					Kingswells Roundabout	NJ 869063
					Leggart Terrace	NJ 929034
					Mannofield water works (at traffic lights).....	NJ 914040
					Maryculter Community Hall	NJ 856001
					Penny Farthing coffee shop, Banchory	NO 696955
					Old Bank Bar, Peterculter	NJ 837007
					Old Mill Inn, Maryculter	NJ 857002
					Parkhill Bridge, Dyce (south end of bridge)	NJ 888139
					Peterculter Parish Church.....	NJ 841006
					Peterculter (west end).....	NJ 835007
					Sainsbury's, Bridge of Dee	NJ 926033
					Stewart Park, west entrance, Hilton Rd	NJ 919084
					Tesco, Danestone.....	NJ 911098
					Templars, Maryculter	NO 846999
					The Anvil, Netherley.....	NO 849950
					Westhill Shopping Centre	NJ 832070
					Woodend Hospital, Eday Rd.....	NJ 897067

Distances (miles): A*: >75 A: 60-75 B: 45-60 C: 30-45 D: 20-30 E: 10-15

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Date	Type	Dist	Start time, Route	[Leader]	Date	Type	Dist	Start time, Route	[Leader]
<u>June continued...</u>					<u>April continued...</u>				
Sat 16 th	Special	A*	07:30 Mannofield Water Works traffic lights. Mount Keen Drove Road. Glen Tanar to Glen Esk. Total distance 98 miles (inc. 12 miles rough track, some cyclable). Estimated time 14 hours	[Led by Sandy]	Sat 21 st	Car Assist	B	09:00 Airyhall Library. Meet at Auchenblae for run start 09:45, coffee at Alastair's, Fettercairn (01561 340610), picnic at Loch Lee, Glen Esk. Offers and requests for transport to Alan (01224 861209)	[Led by Alan]
Sat 16 th	Slower Full Day	C	09:30 Peterculter (west end), coffee at Bowling Green cafe, Stonehaven (07732 336435), picnic lunch at Crawton Nature Reserve	[Led by John S]	Sun 22 nd	Faster Full Day	A	09:00 Peterculter (west end) coffee at Penny Farthing, Banchory (01330 822869), lunch at Victoria Tea Rooms, Dinnet (013398 85337)	[Led by Sheila]
Sun 17 th	Faster Full Day	A*	09:00 Peterculter (west end), coffee at Dess Activity Park, Kincardine o'Neil (013398 83536), picnic at Ballater	[Led by Sheila]	Sun 22 nd	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Maureen]
Sun 17 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Amith]	Wed 26 th	Pub Run	D	19:30 Airyhall Library to Ghillies Lair, Bridge of Dee	[Led by Sheila]
Wed 20 th	Pub Run	D	19:30 Donview, Bridge of Don to Northern Lights, Hatton of Fintray	[Led by Sheila]	Sat 28 th	Morning Run	D	09:30 Airyhall Library coffee at Flora's (01330 860848)	[Led by Steven]
Sat 23 rd	Special	C	10:00 Cockers Garden Centre, Lang Stracht for coffee, run starts 10:30 to Hillhead Camp Site, Kintore (NJ 777163) for Summer Solstice Celebration. Midnight cycle Sat night & climb Bennachie for sunrise. Return Sunday afternoon	[Led by Maureen]	Sat 28 th	Faster Full Day	A	09:00 B&Q Bridge of Don coffee at Gallery Coffee Shop, Ellon (01358 722372), picnic lunch at Aden Country Park or Mintlaw Garden Centre	[Led by David B]
Sat 23 rd	Morning Run	D	09:30 Airyhall Library coffee at Peterculter Parish Church	[Led by Jonathan]	Sun 29 th	Medium Full Day	B	09:30 Old Mill Inn, Maryculter coffee at Bowling Green, Stonehaven (07732 336435). Visit Kinneff Church, lunch at Inverbervie Chipper (01561 361310) or picnic on old railway line Inverbervie-Gourdon	[Led by John T]
Sat 23 rd	Faster Full Day	A*	09:00 Parkhill Bridge, Dyce, coffee at Inverurie Garden Centre (01467 621402), picnic/lunch at Leith Hall, Kennethmont (01464 831216)	[Led by John T]	Sun 29 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Sandy]
Sun 24 th	Medium Full Day	B	09:30 Peterculter (west end) coffee at Monymusk Walled Garden (01467 651543), circumnavigate Bennachie (picnic en route) [Some walking]	[Led by Hamish]	<u>May</u>				
Sun 24 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Dave L]	Wed 2 nd	Pub Run	D	19:30 Woodend Hospital, Eday Rd to Mains of Scotstown, Jesmond Square	[Led by Sheila]
Wed 27 th	Pub Run	D	19:30 Leggart Terrace to Lairhillock, Netherley	[Led by Sheila]	Sat 5 th	Special	A*	GREAT GLEN RUN	[Led by Dave W]
Sat 30 th	Faster Full Day	A	09:00 Old Mill Inn, Maryculter coffee at Penny Farthing, Banchory (01330 822869), Cairn o' Mount, picnic lunch at Drumtochty Glen or Clatterin Brig	[Led by John B]	Sun 6 th	Slower Full Day	C	10:00 Westhill Shopping Centre, coffee at Monymusk Garden Centre (01467 651543), lunch at The Millers, Midmar (01330 833462)	[Led by Cindy]
Sun 6 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Gerard]					

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Date	Type	Dist	Start time, Route	[Leader]	Date	Type	Dist	Start time, Route	[Leader]
<u>May continued...</u>					<u>May continued...</u>				
Wed 9 th	Pub Run	D	19:30 Leggart Terrace to Old Mill Inn, Maryculter	[Led by Sheila]	Sun 27 th	Medium Full Day	B	09:30 Leggart Terrace to Penny Farthing, Banchory for coffee (01330 822869), return via the Elswick Mounth S to N [some walking]	[Led by Gordon M]
Sat 12 th	Medium Full Day	B	09:30 B&Q Bridge of Don, coffee at Ythan Hotel, Newburgh (01358 789257). Visit Forvie Church, picnic at Colliston, Ellon [some walking]	[Led by Jonathan]	Sun 27 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Maureen]
Sun 13 th	Morning Run	D	09:30 Woodend Hospital, Eday Rd, picnic at Victoria Monument (Pitmedden, Dyce)	[Led by Sandy]	Wed 30 th	Pub Run	D	19:30 Footdee (Round House) to The Neuk, Portlethen	[Led by Sheila]
Sun 13 th	Faster Full Day	A	09:00 Peterculter (west end) coffee at Penny Farthing, Banchory (01330 822869), picnic at Glen Cat	[Led by Dave W]	<u>June</u>				
Sun 13 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Amith]	Sat 2 nd	Faster Full Day	A*	09:00 Westhill Shopping Centre coffee at Monymusk Walled Garden (01467 651543), lunch at Kildrummy Inn (019755 71227)	[Led by Joe]
Wed 16 th	Pub Run	D	19:30 Brig o'Balgownie to Spider's Web, Dyce	[Led by Sheila]	Sun 3 rd	Slower Full Day	C	09:30 Parkhill Bridge, Dyce coffee at Tesco Inverurie (01467 625556), picnic at Bennachie Visitor Centre	[Led by Dave L]
Sat 19 th	Slower Full Day	C	09:30 Old Mill Inn, Maryculter coffee at Here and Now Stonehaven (01569 767099), picnic lunch at Todhead Lighthouse	[Led by Amith]	Sun 3 rd	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Sandy]
Sat 19th	Social		19:45 for 20:00 at Upper Inver, Monymusk. Slide show "A Moroccan Tour" by John T		Wed 6 th	Pub Run	D	19:30 Airyhall Library to Four Mile House, Kingswells	[Led by Sheila]
Sun 20 th	Faster Full Day	A	09:00 Parkhill Bridge, Dyce coffee at Inverurie Garden Centre (01467 621402), picnic/lunch at Clatt Country Tea Rooms (01464 831465), Suie Hill	[Led by Hamish]	Sat 9 th	Car Assist	B	09:00 Airyhall Library. Meet Aboyne at Corner House café (013398 86427). Departure 10:30. Circular route to Glen Buchat for picnic. Offers & requests for transport to John B (01224 571984)	[Led by John B]
Sun 20 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Dave L]	Sun 10 th	Morning Run	D	09:30 Haudagain Roundabout (outside Costcutter shop) follow Bucksburn to its source, coffee at Cockers Garden Centre, Langstracht (01224 313261)	[Led by Sandy]
Wed 23 rd	Pub Run	D	19:30 Hazlehead, Groats Rd to Bielside Inn, Bielside	[Led by Sheila]	Sun 10 th	Faster Full Day A/A*		09:00 Brig o'Balgownie, coffee at Haddo House (opens 11am) (01651 851440), picnic/lunch at Kellockbank (01464 851114)	[Led by Wilf]
Sat 26 th	Morning Run	D	09:30 Woodend Hospital, Eday Rd, picnic at Drumstone	[Led by Steven]	Sun 10 th	Try Cycling	E	10:00 Duthie Park, Riverside Drive Short rides for beginners and those who haven't been in the saddle for a while	[Led by Gerard]
Sat 26 th	Faster Full Day	A*	09:00 Old Mill Inn, Maryculter, coffee at Kondit Bakery, Inverbervie (01561 361221), picnic lunch at Edzell, Cairn o' Mount	[Led by Sheila]	Wed 13 th	Pub Run	D	19:30 Duthie Park, Riverside Drive to Shepherds Rest, Westhill	[Led by Sheila]
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